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### TABLE OF CONTENTS

3	California Outdoors Q&A	11	Find Adventure and Fun in The Natural State
5	Still Time to Plant and Enjoy Beets	13	5 Insights to Help You Find Your Dream Job
8	How American Farmers Promote Economic and National Security	15	Calendar of Events
9	Elevate Summer Entertaining with an Enjoyable Crunch	22	Crossword
10	Sudoku	23	Home Country

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# How Do I Get My Kid's School Involved With CDFW's In-School Target Archery Program?



CDFW

## Scholastic Archery Program

**Q:** How do I get my kid's school involved with CDFW's in-school target archery program?

**A:** Since 2006, the California Department of Fish and Wildlife (CDFW) has offered equipment grants to California schools for incorporating target archery into physical education curriculums. Currently, CDFW is partnered with the National Archery in the Schools Program (NASP) and utilizes its curriculum to safely teach archery to fourth through 12th-grade students. In addition to the fundamentals of archery, students learn focus, self-control, discipline, patience and other skills aimed at helping them succeed inside and outside of the classroom. Target archery is an inclusive sport that every child can participate in regardless of skill or ath-

letic ability.

The first step to starting a scholastic target archery program in your school would be to speak with school administration about offering the program. The program is typically offered during the school day as part of a gym class. All types of schools are eligible including private, charter, home and special needs schools. Grant approved schools must send a credentialed teacher to a Basic Archery Instructor training class prior to starting in-school lessons. Training classes are paid for by CDFW and offered throughout the year at many locations throughout the state.

For more information visit CDFW's Scholastic Archery Program web page or contact California Coordinator Leticia Palamidessi at Leticia.Palamidessi@wildlife.ca.gov.

## Klamath River

**Q:** What will happen to fish in reservoirs along the Klamath River before the dams come down? Will they be relocated?

**A:** The Klamath Dam removal, the largest dam removal project in U.S. history, is an opportunity to restore the health of the Klamath River. The project will benefit salmon, steelhead and other native species along with local Tribes and communities within the Klamath Basin. As for the fish, the plan is to translocate Lost River sucker and shortnose sucker prior to the drawdown of Iron Gate and Copco reservoirs. Both of those fish species are listed as endangered under the federal Endangered Species Act and California Endangered Species Act.

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## California Outdoors Q&A

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Aside from the listed species, there are no plans to relocate fish from the reservoirs. Many fish species in the reservoirs are non-native, including largemouth bass, yellow perch, and bluegill. These non-native fish species are typically associated with reservoir ecosystems. Once the reservoirs are drawn down, these species are likely to experi-

ence substantial population losses or be eliminated. However, the decline in non-native fish is expected to benefit native fish such as native trout. The makeup of fish species in the future is expected to be like what is currently found downstream of Iron Gate Dam, which includes steelhead, Chinook and coho salmon. CDFW plans to closely monitor

fish populations following removal of the dams to understand the impacts and inform future management actions.

### Fish and Game Commission

**Q:** What's the difference between CDFW and the California Fish and Game Commission?

**A:** Essentially, CDFW implements and enforces the California Fish and Game Code along with regulations adopted by the California Fish and Game Commission. CDFW also provides biological data and expertise to inform the Commission's decision-making process.

The Commission was one of the first wildlife conservation agencies in the U.S. Established by California's State Constitution, it is composed of five Commissioners appointed by the Governor and confirmed by the State Senate.

The Commission and CDFW are separate legal entities with a wide variety of authorities, some general in nature and some very specific. Primary functions of the Commission are adopting policies and regulations which guide its work and the work of CDFW, listing and delisting threatened or endangered species, letting leases for shellfish cultivation and kelp harvest, and establishing seasons, bag limits, and methods of take for hunting and fishing. CDFW's law enforcement division enforces regulations adopted by the Commission, but CDFW also administers other programs, such as the lake and streambed alteration program, which are unrelated to the Commission.

Commission meetings are held bi-monthly, with both video and audio coverage live-streamed and archived. Visit the Commission home page on the day of each meeting to watch or listen live. ♦

*If you have a question you would like to see answered in the California Outdoors Q and A column, email it to [CalOutdoors@wildlife.ca.gov](mailto:CalOutdoors@wildlife.ca.gov).*



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Photo courtesy of Melinda Myers

# Still Time to Plant and Enjoy Beets

by Melinda Myers

**BEETS ARE ONE** vegetable you can purchase most months of the year but those you grow yourself taste the best. The good news is there is still time to grow your own this season.

These flavorful vegetables contain fiber, vitamins A and C, calcium, potassium, phosphorous and more iron than most vegetables. Betalain, the antioxidant and pigment in beets, can be used as a natural red dye and food coloring. In fact, it inspired the saying “red as a beet” and was used to provide that color in makeup.

Beets tolerate warm temperatures but germinate best during cooler weather. Plant seeds ½ inch deep and 1 to 3 inches apart every three to four weeks for a continuous harvest. Make your last planting about eight to 10 weeks before the first fall frost.

Beet seeds are a cluster of seeds. Remove all but one seedling in the clus-

ter soon after the seedlings appear. You will also need to remove any excess seedlings to provide the remaining seedlings the space they need to grow and reach full size. Take the sting out of this task by thinking of thinning as a form of harvesting. Use the beet greens removed during thinning as sprouts on sandwiches, salads and in stir-fries, and other dishes.

Reduce the amount of thinning needed with the help of seed tapes. The seeds are secured onto biodegradable tapes at the proper spacing. Just dig a shallow furrow, lay in the tape, and cover it with soil at the proper planting depth. You'll spend a little more money on seed tapes but save lots of time.

Make sure your plantings receive sufficient moisture throughout the growing season. The flavor is best during cooler weather. All leaves and no edible roots

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## Enjoy Beets

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may be a problem you have experienced when growing beets, radishes and carrots. Thinning and growing root vegetables in well-drained fertile soil at the proper spacing is key to growing success. Improve heavy clay soils by working several inches of organic matter into the top 8 to 12 inches of soil. If this hasn't worked in the past, try growing your beets in containers filled with a quality potting mix.

Harvest beets in about 50 to 60 days when the roots are 1 to 1.5" in diameter. Pull or carefully dig the beets with a garden fork or shovel. Place the shovel several inches away from the root crops. Push it straight into the soil to avoid damaging the roots. Wiggle the shovel to loosen the soil and tilt to lift the beets free.

Trim the leaves back to an inch and leave the taproot intact. Rinse off the soil and allow the beets to dry before storing them in a perforated plastic bag in the refrigerator. Wash, and further trim your beets as needed right before using them. Minimize scraping, cutting and slicing that will increase the loss of vitamins and flavor.

Most garden centers and mail-order catalogs still have beet seeds available for purchase. You'll find red, purple, golden and even white beets to grow and enjoy. Select the variety that best suits your gardening and cooking needs.



Melinda Myers has written more than 20 gardening books, including the recently released *Midwest Gardener's Handbook*, 2nd Edition, and *Small Space Gardening*.

She hosts *The Great Courses* "How to Grow Anything" instant video and DVD series and the nationally syndicated *Melinda's Garden Moment* TV & radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and her website is [www.MelindaMyers.com](http://www.MelindaMyers.com).

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# How American Farmers Promote Economic and National Security

**(STATEPOINT)** After steadily declining for over a decade, global hunger has reached an all-time high. Continued supply chain disruptions from the COVID-19 pandemic, Russia's invasion of Ukraine, escalating inflation and a rapidly changing climate, have exacerbated challenges around the world, particularly in developing countries, and today, as many as 828 million people still go hungry.

Experts point out that hunger is not just a product of such crises, it can perpetuate more hunger and regional instability, especially in areas already experiencing violent conflict.

"Heightened levels of food insecurity make it much more difficult for communities to build lasting peace, which in turn, leads to greater food insecurity," says Dan Glickman, former U.S. Secretary of Agriculture. "By working with our partners around the world, America and American farmers can help save lives at this critical moment."

These issues were front-and-center at the recent U.S. Global Leadership Coalition's (USGLC) 2023 Heartland Summit, which took place in two Heartland cities: Detroit, Michigan and Sioux City, Iowa. The annual summit brings together leaders from across the Heartland for critical conversations on how global investments in agriculture and U.S. international affairs programs help to create jobs, feed the hungry and reduce poverty around the world. According to event leaders, these are



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this year's biggest lessons and takeaways:

- What happens around the world directly impacts local Heartland communities' success and prosperity. It's why hundreds of farmers are speaking out on why investments in diplomacy, development and global food security help keep America safe, strengthen the U.S. economy and strengthen families and communities across the Heartland.
- American agricultural exports of U.S. farm and food products to the world posted its best export year ever in 2022, totaling \$196 billion and topping the previous record set in 2021 by 11 percent — clearly demonstrating the indispensable nature of American farmers to America's economy.
- With food insecurity severely impacted by global crises, the work of farmers and the American agriculture community to help feed the world is essential. It's why USGLC's network — Farmers for Prosperity — aims to shine a spotlight on the crucial role farmers play in solving critical global issues and how U.S. global leadership is essential to protect the security, health and economic interests of American families.
- Farmers around the world grow the food that sustains families and creates stability in communities and countries. Amid growing threats on the global

stage from wars, drought and climate change, farmers are part of the solution.

- American farmers have unique views on what it takes for the United States and world to prosper, making it important for them to raise their voices in an effort to help shape U.S. foreign policy.
  - U.S. leadership in the world is vital in advancing national economic and security interests. When it comes to issues like trade, America can only stand up to countries like China and Russia when it's on the global playing field.
  - The State Department and USAID are vital links in helping open new markets for American agricultural products, which is not just good for American farmers, but promotes stability and security globally. At the same time, the long-term goal of empowering farmers and communities around the world to feed themselves builds a safer, more prosperous world.
- To watch the 2023 Heartland Summit, visit [heartland.usglc.org](https://heartland.usglc.org).
- "Fighting global hunger by strengthening our nation's leadership around the world, enabling our nation's farmers to compete, and building new stable markets for our agricultural exports is a moral imperative and a matter of U.S. economic and national security," says Glickman. ♦



# Elevate Summer Entertaining with an Enjoyable Crunch

**(FAMILY FEATURES)** As families and friends gather on patios and decks to enjoy the warmth of summer and meals fresh off the grill, many are searching for that perfect ingredient that can complement salads, appetizers, main courses, desserts and more.

This year, you can turn to pecans to elevate meals and give your guests something to rave about. Iconic for their flavor versatility – shining in a wide range of profiles from sweet and spicy to salty, smoky and savory – they're a tasty addition for favorite summertime recipes.

From an enjoyable crunch to comforting creaminess and a satisfying chew, pecans deliver a perfect bite and texture. These grilled pork chops with peach pecan salsa, for example, are loaded with fresh flavors for an easy, nutritious warm-weather meal.

Taste is just the beginning – pecans also pack a nutritious punch with a unique mix of health-promoting nutrients and bioactive compounds. Known for their rich, buttery consistency and naturally sweet taste, pecans have a longstanding tradition as a nut topping. They're sprinkled atop this spiced pecan grilled peach salad with goat cheese for a refreshing seasonal salad with a nutty crunch.

To find more recipes that take summer entertaining to the next level, visit [EatPecans.com](http://EatPecans.com).



FamilyFeatures.net

## Grilled Pork Chops with Peach Pecan Salsa

Cook time: 25 minutes

Servings: 4

4 boneless pork loin chops (each 1-inch thick)

$\frac{3}{4}$  teaspoon, plus  $\frac{1}{8}$  teaspoon, kosher salt, divided

freshly ground black pepper, to taste

2 medium peaches, diced

$\frac{2}{3}$  cup raw pecan pieces

2 tablespoons red onion, diced

2 tablespoons chopped fresh basil

1 teaspoon minced jalapeno pepper

2 teaspoons lime juice

Season pork chops with  $\frac{3}{4}$  teaspoon salt and black pepper, to taste.

Heat grill or grill pan to medium-high heat.

Grill pork chops until browned, about 5 minutes. Flip and cook 5-6 minutes until food thermometer inserted in center registers 135 F.

Transfer to plate and rest at least 5 minutes until internal temperature rises to 145-160 F.

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## Summer Entertaining

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Gently stir peaches, pecans, onion, basil, jalapeno, lime juice and remaining salt.

Add salsa on top of each pork chop with remaining salsa on side.

### Spiced Pecan Grilled Peach Salad with Goat Cheese

Prep time: 5 minutes

Cook time: 50 minutes

Servings: 4

#### Spiced Pecans:

1 large egg white

3 tablespoons dark brown sugar

1 teaspoon cinnamon

¼ teaspoon cayenne pepper

¼ teaspoon kosher salt

2 cups pecan halves

#### Salad:

¼ cup, plus 2 teaspoons, extra-virgin olive oil or pecan oil, divided

¼ cup white wine vinegar

1 teaspoon Dijon mustard

¼ teaspoon garlic powder

⅛ teaspoon kosher salt

pepper, to taste

2 large peaches, halved and pits removed

6 cups mixed baby greens (such as arugula, spring mix and spinach)

4 ounces soft goat cheese



FamilyFeatures.net

To make spiced pecans: Preheat oven to 275 F. Line rimmed baking sheet with parchment paper and set aside.

In medium bowl, whisk egg white, brown sugar, cinnamon, cayenne pepper and salt until well combined. Fold in pecans and mix until evenly coated in mixture. Spread in single layer on prepared baking sheet.

Bake 45-50 minutes, stirring occasionally until pecans are fragrant and golden brown. Allow to cool completely.

To make salad: Heat grill to medium-high heat.

In small bowl, whisk ¼ cup olive oil,

white wine vinegar, Dijon mustard, garlic powder, salt and pepper, to taste. Set aside.

Brush cut sides of peach halves with remaining olive oil and grill until grill lines appear and peaches become tender, 3-5 minutes. Remove peaches and cut into slices.

Divide greens among four plates. Top with grilled peach slices and goat cheese. Divide 1 cup spiced pecans evenly among salads and reserve remaining cup for snacking. Drizzle each salad with vinaigrette. ♦



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	9	5			4	1
	4		6	3		7
4		8	9	2	3	5
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Courtesy of the Arkansas Department of Tourism

## Find Adventure and Fun in The Natural State

**(STATEPOINT)** Love hiking in the great outdoors? Enjoy authentic, local cuisine? Get a thrill hurtling down mountain biking trails? Whatever sort of adventure you're craving, Arkansas, also known as "The Natural State," is a great destination to consider.

"With wide-open landscapes, an abundance of natural resources, and friendly hospitality, an Arkansas trip is unlike any other," says Shealyn Sowers, chief of communications, Arkansas Department of Parks, Heritage and Tourism.

As Sowers points out, Arkansas is known as The Natural State for a reason. Hiking, floating, fishing, hunting and cycling are just a few of the many outdoor activity options available, along with golf, ATVing and even hang gliding. You can even take a backcountry aviation adventure and literally camp next door to your plane.

Arkansas is home to some of the best mountain biking trails on the planet, not to mention the first national river (Buffalo National River) and the first unit in the National Park System (Hot Springs National Park).

If your choice of adventure is more urban than outdoors, check out Bentonville, which is home to one of the finest American art museums in the nation, Crystal Bridges Museum of American Art. The capital city of Little Rock offers art and museums, along with unique dining and cultural experiences. New this year, the Arkansas Museum of Fine Arts recently reopened in Little Rock following an almost four-year renovation and reimagining. The museum's art collection spans the 1300s to present day, with 14,000 works.

CONTINUED ON NEXT PAGE →

### MY NAME IS JANET

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## Travel

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What else does Arkansas offer?

You can dig for diamonds and keep what you find at Crater of Diamonds State Park in Murfreesboro.

Tour one of only two purse museums in the world at ESSE Purse Museum in Little Rock.

And enjoy James Beard Award-winning cuisine at Jones Bar-B-Q

Diner in Marianna and Lassie Inn in Little Rock.

Arkansas also celebrates its native sons Johnny Cash and Bill Clinton, and you can visit sites that recognize their contributions to American culture and history. In Dyess, tour the Johnny Cash Boyhood Home and in Little Rock, explore the William J. Clinton

Presidential Library and Museum.

You'll also find plenty of inexpensive family activities, including in Arkansas State Parks, which are completely free to enter. This year marks the 100-year anniversary of the founding of Arkansas State Parks, and you can find activities and events commemorating the occasion throughout the year. Pick up your free passport at an Arkansas State Park visitor center and begin recording your travels. All 52 state parks are free to enter and offer diverse experiences. Whether you're a history buff, love to hike, paddle, bike, wildlife watch, fish, kick back and relax, or all of the above, there is a state park for you.

For more trip ideas and inspiration, visit [www.arkansas.com](http://www.arkansas.com).

"There's no doubt you'll find plenty to do in The Natural State," says Sowers. "We can't wait to see you!" ♦

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# 5 Insights to Help You Find Your Dream Job

**(STATEPOINT)** With one in four U.S. adults currently job seeking, it's a competitive market, but experts say that finding your dream job is within reach if you use smart strategies.

"A well-executed job search that combines powerful search tools and the right mindset will connect you with companies that value their employees and set them up to thrive," says Kristin Kelley, chief marketing officer of CareerBuilder.

As you get your job search under way, consider these five tips and insights from CareerBuilder:

**1. Define your dream job:** Research shows that the goals and desires of job seekers vary by industry. However, whether you're an administrative assistant, a retail worker or a software developer, it's important to define what matters to you in a job, as doing so will help you narrow your search. This means nailing down details like your salary requirements, while also considering intangible factors, such as whether the work will allow you to make an impact and whether the company's values and culture align with yours.

**2. Build a better resume:** A resume is often the first point of connection between you and your next job, yet knowing its importance can make it feel daunting to create. To make a great impression with a minimal amount of effort, check out online tools like

CareerBuilder's "Create Resume" feature. The platform allows you to create multiple variations of your resume that call out specific areas of expertise as they may relate to particular roles. The site has already outlined the most important fields for you to fill in, making it easy to authentically highlight a mix of hard and soft skills that will get you noticed by top employers.

**3. Streamline your search:** Work smart, not hard. Rather than apply for jobs individually, turn to a job search platform that will make your profile and resume available to thousands of employers. In the case of CareerBuilder, you don't actually need to register for an account to search through its millions of job listings. Search for jobs using filters like degree requirement, keywords, industry and mileage radius, then apply for positions directly on the site. A salary search function, along with career advice and tips, make it an invaluable one-stop site for job seekers.

**4. Prepare for interviews:** Preparing answers to common interview questions and even practicing with a spouse or friend beforehand can help you feel competent and con-

fident when the real interview rolls around. For behavioral questions, CareerBuilder recommends using the STAR method, in which you describe the Situation, Task, Action and Result to explain how you would act in specific work situations.

**5. Check the terms:** A dream job is only a dream job if the terms of employment suit you. Before signing a contract, check such details as compensation, start date, the company's leave policy, professional development opportunities, perks and benefits, as well as items that could impact you in the future, like non-disclosure agreements. If you plan to negotiate, decide whether you'll take the job if the employer doesn't modify the contract. Stay courteous and professional throughout the process.

For more career advice, or to register and search for jobs, visit [careerbuilder.com/jobs](https://careerbuilder.com/jobs).

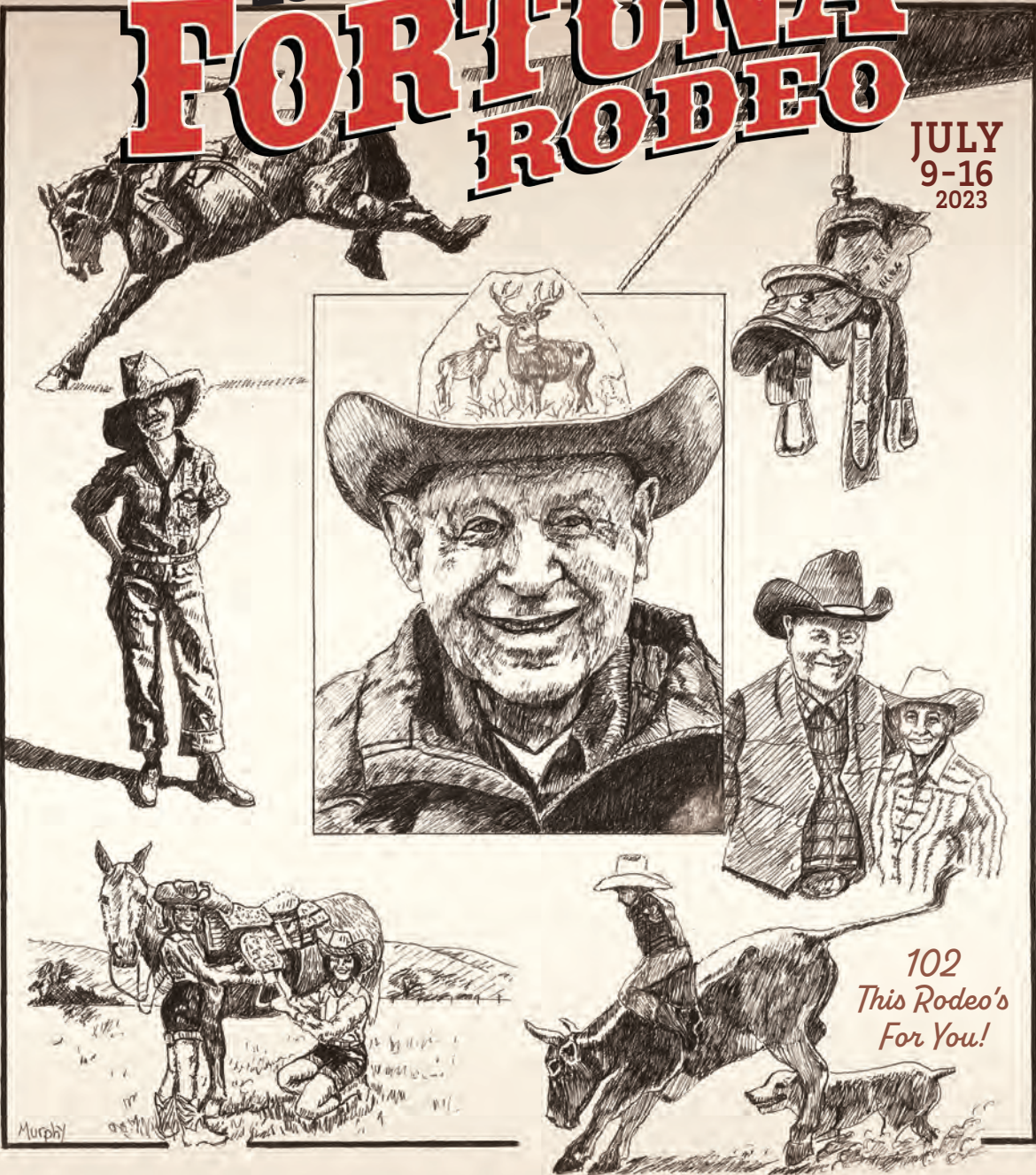
Landing a dream job can be a labor intensive process. However, leaning on new tools and tech to do some of the groundwork for you can help ensure you start your new position with purpose and energy. ♦



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# 102<sup>ND</sup> ANNUAL **FORTUNA RODEO**

JULY  
9-16  
2023

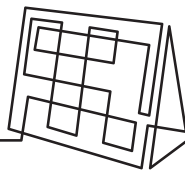


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# Calendar

July 13 - July 27, 2023



## Virtual World

### ARTS & CULTURE

**LOBA Poetry Series - Open Mic.** Last Thursday of every month. A live open mic poetry reading on Zoom on the last Thursday of each month. Teens and adults share poems in any form or style, or just listen. Email registration required. Free. [carrm@mendocino-county.org](mailto:carrm@mendocino-county.org).

**On the Same Page Book Club.** Wednesdays, 5:30 p.m. Online book club that meets on the first Wednesday of the month on Zoom. Sign up using the Google form at [forms.gle/bAs-jdQ7hKGqEgJKj7](https://forms.gle/bAs-jdQ7hKGqEgJKj7).

### LIFESTYLE & COMMUNITY

**English Express: An English Language Class for Adults.** Tuesdays. Build English language confidence in ongoing online and in-person classes. All levels and first languages welcome. Join anytime. Pre-registration not required. Free. [englishexpresempowered.com](https://englishexpresempowered.com). (707) 443-5021.

**Sistahood.** Saturdays, 9:30-11 a.m. For women teenagers and older on Zoom, to build healthy relationships and strengthen ties through validation and affirmation. Music from 9:30 a.m., open conversation from 9:45 a.m., meditation with the Sista Prayer Warriors from 10:45 a.m.

**Volunteer Orientation Food for People.** Mondays, 3:30-4:30 p.m. and Thursdays, 3-4 p.m. Help fight hunger and improve nutrition in the community. Visit the website to be invited to a Zoom orientation. Free. [volunteer@foodforpeople.org](mailto:volunteer@foodforpeople.org). [foodforpeople.org/volunteering](https://foodforpeople.org/volunteering). (707) 445-3166, ext. 310.

## Del Norte County

### LIFESTYLE & COMMUNITY

**Del Norte Fair Country Market.** Saturdays, 10 a.m.-2 p.m. Del Norte County Fairgrounds, 421 US-101, Crescent City. Crafts, food, plants, antiques, produce and more.

**Downtown Crescent City Farmers & Artisans Market.** Wednesdays, 9 a.m.-2 p.m. Downtown Crescent City, 890 Third St. Vendors offer a variety of items that include locally grown produce, handmade craft items, ready-to-eat food, and more. Located on Front & K streets..

**Harbor Farmers Market.** Saturdays, 9 a.m.-1:30 p.m. Crescent City Harbor District, 101 Citizens Dock Rd. Shop for local fruits, vegetables, bread, meat and eggs, plus homemade crafts, delicious food and fresh flowers at Crescent City's scenic harbor and marina.

**Ocean Air Farms Farm Stand.** Saturdays, 10 a.m.-3 p.m. Ocean Air Farms, 2420 Moorehead Road, Crescent City. Roadside farm stand offering homegrown organic veggies and produce.

## Humboldt County

### ARTS & CULTURE

**'No Strings Attached' Trivia.** Tuesdays, 6 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Enjoy trivia games hosted by local comedians and compete for prizes. Trivia is followed by a feature comedy show at 9 p.m. Free. [info@savagehenrycomedy.com](mailto:info@savagehenrycomedy.com). [savagehenrycomedy.com](https://savagehenrycomedy.com). (707) 845-8864.

**Arts! Arcata.** Second Friday of every month, 4-8 p.m. City of Arcata, Arcata. Celebrate the visual and performing arts in Downtown Arcata during Arts! Arcata. Enjoy art, shopping, live music, events and more.

**Bianca Cristovao.** July 20-21, 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Stand-up, actor and writer. Local comics TBD. \$10. [savagehenrycomedy.com](https://savagehenrycomedy.com). (707) 845-8864.

**Bobby Hustle.** Fri., July 14, 9 p.m.-2 a.m. The Jam, 915 H St., Arcata. Genuine American reggae by the renowned Bobby Hustle. \$10. [thejamarcata.com](https://thejamarcata.com). (707) 822-5266.

**But Wait ... There's More.** Fridays, 11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. In late night TV style, Mark Sanders hosts a panel of comedians for jokes, comedy games and banter. Snacks, drinks, friendly atmosphere. All ages w/caution for language. \$5. [savagehenrycomedy.com](https://savagehenrycomedy.com). (707) 845-8864.

**Comedy Night.** Fri., July 14, 8-9:30 p.m. Bear River Casino and Resort Tish Non Ballroom, 11 Bear Paws Way, Loleta. Featuring Marc Yaffee and Pat McCoy. \$10 and up. [Marketing@bearrivercasino.com](mailto:Marketing@bearrivercasino.com). [bearrivercasino.com/events-and-shows/stand-up-comedy-night-2/](https://bearrivercasino.com/events-and-shows/stand-up-comedy-night-2/). (707) 733-9644.

**Dances of Brazil.** Thursdays, 5:30 p.m.

Redwood Raks World Dance Studio, 824 L St., Arcata. Learn Brazilian dances with instructors Rocío Cristal and María Vanderhorst. All levels. Limited to five people. Register online. \$15. [talavera.rocio@gmail.com](mailto:talavera.rocio@gmail.com).

**Dining Dead, Think Tank, Blub.** Sun., July 16, 7-10 p.m. Outer Space Arcata, 837 H St. Dining Dead (Seattle indie rock) Think Tank (anti-patriarchy jams) Blub (post grunge dreampop) all ages. masks required. \$5-20. [www.facebook.com/events/138837679226246](https://www.facebook.com/events/138837679226246).

**Drink & Draw.** Thursdays, 6 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Self-guided art space and place hosted by Jessica Grant. Bring your own supplies or use ours. Snacks, drinks, friendly atmosphere. All ages w/caution for language. Ages 21 and up. Free. [info@savagehenrycomedy.com](mailto:info@savagehenrycomedy.com). [savagehenrycomedy.com](https://savagehenrycomedy.com). (707) 845-8864.

**Farm to Table: Late Night Comedy.** Saturdays, 11 p.m.-1:30 a.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Baseball Robby curates this small batch artisanal stand-up comedy showcase. \$5. [info@savagehenrycomedy.com](mailto:info@savagehenrycomedy.com). [savagehenrycomedy.com](https://savagehenrycomedy.com). (707) 845-8864.

### Field Guide to a Crisis Workshop Series.

Sat., July 15, 1-3 p.m. and Sat., July 22, 1-3 p.m. Old Town Ink Lab, 212 G St., #103, Eureka. Series of workshops applying the exhibition's methodology by responding to the skill from participants. Culminates in a collective 'zine. Attend one or all. Free. [tuesdaytumbleweedllc@gmail.com](https://tuesdaytumbleweedllc@gmail.com). [eventbrite.com/e/field-guide-to-a-crisis-workshop-series-tickets-624609783677?aff=eprofsaved](https://eventbrite.com/e/field-guide-to-a-crisis-workshop-series-tickets-624609783677?aff=eprofsaved).

### Fieldbrook Winery Thursday Evening

**Concert Series.** Thursdays, 5:30-8 p.m. Fieldbrook Winery, 4241 Fieldbrook Road. Enjoy live music every Thursday night outdoors. July 6: Cadillac Ranch, July 13: SoHum Girls. [fieldbrookwinery.com](https://fieldbrookwinery.com).

**Figure Drawing at Synopsis.** Thursdays, 7-9 p.m. Synopsis Collective, 1675 Union St., Eureka. With a live model. Bring your own art supplies. Call to contact Clint. \$5. [synopsisperformance.com](https://synopsisperformance.com). (707) 362-9392.

**Figure Drawing.** Wednesdays, 6-8:30 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. \$5. [blondiesfoodanddrink.com](https://blondiesfoodanddrink.com).

**Fort Humboldt Historic Tour.** Saturdays, 1 p.m. Fort Humboldt State Historic Park, 3431 Fort Ave., Eureka. Join interpreter William on an hour-long walking tour of the park.

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## Calendar

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Meet at the flag pole next to the parking lot. Free.

**Friday Night Jazz.** Fridays, 8-10 p.m. The SpeakEasy, 411 Opera Alley, Eureka. Live local jazz with the Opera Alley Cats. Free. elvisatemydonuts@hotmail.com. (707) 444-2244.

**Grown Up Movie Night at HBSC.** Tuesdays, 6-8 p.m. Humboldt Bay Social Club, 900 New Navy Base Road, Samoa. Drinks and snacks available while you watch classics and get cozy in the Lobby Bar. Movie titles are listed online. Free. humboldtbaysocialclub.com/our-events. (707) 502-8544.

**Grown Up Movie Night.** Sundays, 6-8 p.m. Scotia Lodge, 100 Main St. Finish off the weekend with classics in the lounge. Food and drinks available at the lodge's Main & Mill restaurant. Movies are PG/PG-13 and titles are listed online. Free. scotia-lodge.com/hosted-events. (707) 298-7139.

**HBG's Summer Music Series.** Third Sunday of every month, 1-3 p.m. Humboldt Botanical Garden, 7351 Tompkins Hill Road, College of the Redwoods campus, north entrance,

Eureka. Catered by Stephanie's Home Cooking with local beer and wine, or bring your own picnic lunch. Non-service dogs are not allowed. hbgf.org. (707) 442-5139.

**Hip Hop Thursdays.** Thursdays, 9 p.m.-2 a.m. The Jam, 915 H St., Arcata. Chuck Angeles, Starcata and Pressure. Free. thejamarcata.com. (707) 822-5266.

**July Lasting Impressions.** Thu., July 27, 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Watch comics come alive as celebrities and battle each other to crown the winner. Audience participation encouraged. \$10. www.savagehenrycomedy.com. 707-845-8864.

**Live Music at Fieldbrook Winery.** Sundays, 1:30-4 p.m. and Saturdays, 1:30-4 p.m. Fieldbrook Winery, 4241 Fieldbrook Road. Outdoor weekend music series. Saturdays will feature electric bands. Sundays will offer more acoustic or semi-acoustic folk and American groups or quieter jazz combos. Free admission. fieldbrookwinery.com.

**Live Music at FM.** Fridays, 6-8:30 p.m. Fieldbrook Market & Eatery, 4636 Fieldbrook Road. Every Friday, local bands play folk, bluegrass, Americana. Always family

friendly. Check Facebook or Instagram for the lineup. Free. fieldbrookmarket@gmail.com. (707) 633-6097.

**Live Music at RCB.** Thursdays, 6-9 p.m. Redwood Curtain Brewing Co. Myrtle Ave. Tasting Room, 1595 B Myrtle Ave., Eureka. Live music on the outside patio. Full schedule online. Free. redwoodcurtainbrewing.com. (707) 269-7143.

**Live Music: The Lost Dogs.** Sat., July 15, 6-9 p.m. Redwood Curtain Brewery & Tasting Room, 550 South G St., #4, Arcata. Come see some live music with The Lost Dogs outside in the Arcata Beer Garden! 6-9 pm Free. redwoodcurtainbrewing.com. 707-826-7222.

**Northern Nights Music Festival.** July 14-16. Cooks Valley Campground, Milkway Loop exit off U.S. Highway 101, Piercy. A three-day weekend of camping, music, cannabis, art, food, wellness and floating the river. northernights.org.

**Open Mikey.** Wednesdays, 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. The longest running comedy open-mic in the county. Sign up at 9 p.m. for a five-minute set. Show at 9:30 p.m. Snacks, drinks, zero hate speech tolerated. All-ages w/caution for language. Free, donations accepted. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

**Out of This World SF/F Book Club.** Sat., July 15, 2-3 p.m. Eureka Library, 1313 Third St. A new discussion group focused on works of fantasy and science fiction. July 15 discussion book is *All Systems Red*, the first in the *Murderbot* series by Martha Wells. Free. czuspan@co.humboldt.ca.us. humboldt.gov.org/Calendar.aspx?EID=9549&month=7&year=2023&day=15&calType=0. 707-269-1900.

**Pros and Context.** Fridays, 7-8 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Taking on a new state each week to explore its pros and cons through improv comedy. Snacks, drinks. All ages w/caution for language. Free. savagehenrycomedy.com. (707) 845-8864.

**Reggae Last Thursdays w/Sarge One Wise.** Last Thursday of every month, 9 p.m.-2 a.m. The Jam, 915 H St., Arcata. Sarge One Wise, The Wisdom Band and other guests. \$5, free for students. thejamarcata.com. (707) 822-5266.

**RLA Trio w/Vaugh Cannon, Guitar.** Fri., July 21, 7 p.m. Trinidad Town Hall, 409 Trinity St. Westhaven Center for the Arts presents their alternating Jazz and Funky Bluesy

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**RLAD Jazz/Fusion.** Mondays, 5-8 p.m. Larrupin' Cafe, 1658 Patricks Point Drive, Trinidad. Popular jazz/fusion quartet blending the RLA trio with L.A. studio guitarist Doug Marcum. Tim Randles (keyboard), Doug Marcum (guitar), Ken Lawrence (bass), Mike Labolle (drums). Free. [timrandlespi@comcast.net](mailto:timrandlespi@comcast.net). [thelarrupin.com](http://thelarrupin.com). (707) 677-0230.

**Secret Society of Silly Things III.** Sat., July 22, 7-8:30 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Improv comedy with members of On the Spot Comedy and Savage Henry Comedians. \$10. [www.savagehenrycomedy.com](http://www.savagehenrycomedy.com). 7078458864.

**Sketchy Wednesdays Eureka.** Every other Wednesday, 11 a.m.-10 p.m. Redwood Curtain Brewing Co. Myrtle Ave. Tasting Room, 1595 B Myrtle Ave., Eureka. Drink a beer and sketch the subject matter provided. The best drawing wins a \$20 gift card. Free.

**Stand-up Comedy Workshop.** Sundays, 7-8 p.m. Savage Henry Comedy Club, 415 Fifth

St., Eureka. Led by local stand-up comic Jessica Grant. Bring a pen or pencil, and circle up to talk shop about jokes. Open to anyone interested in performing stand-up comedy. Drop-ins welcome. Free, donations accepted. [JessicaGrantComedy@gmail.com](mailto:JessicaGrantComedy@gmail.com). [savagehenrycomedy.com](http://savagehenrycomedy.com). (707) 845-8864.

**Summer Concert Series and Art Market in the Arcata Plaza.** Sundays, 11 a.m.-4 p.m. Arcata Plaza, 9th and G streets. Each week will feature a different local band and host a vibrant market with 30 vendors, beer and wine for sale. Bring a blanket for a picnic, your dancing shoes and the kiddos for a day of fun. Free. [arcatamainstreet@gmail.com](mailto:arcatamainstreet@gmail.com). [arcatamainstreet.com](http://arcatamainstreet.com). (707) 822-4500.

**Summer Concert Series.** Thursdays, 6-8 p.m. Madaket Plaza, Foot of C Street, Eureka. Open-air music each week on Eureka's waterfront. Patino's Mexican Food Truck and Cap's Food Shack will be on site each week. Presented by Eureka Main Street. Free. [eurekamainstreet.org](http://eurekamainstreet.org).

**Sunday Jazz Jams.** Sundays, 5:30-8:30 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Every Sunday. Jazz players, all ages, all levels. Bring your ax and play some

Real Book tunes. Everybody who wants to plays. Free. [blondiesfoodanddrink@gmail.com](mailto:blondiesfoodanddrink@gmail.com). [blondiesfoodanddrink.com](http://blondiesfoodanddrink.com). (707) 822-3453.

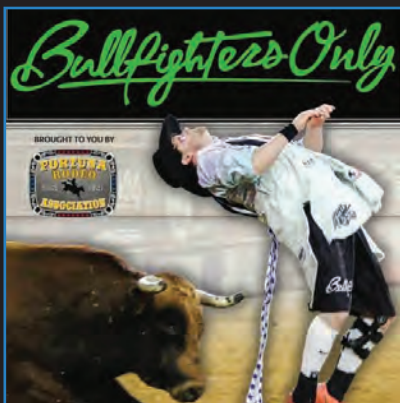
**Sunday Open Mic.** Sundays, 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Sign-ups at 9 p.m., show at 9:30 p.m., local favorite features for the 10@10. Comics get five minutes. Zero hate speech tolerated. All ages w/caution for language. Snacks, drinks. Free, donations accepted. [info@savagehenrycomedy.com](mailto:info@savagehenrycomedy.com). [savagehenrycomedy.com](http://savagehenrycomedy.com). (707) 845-8864.

**This Disco Biscuits.** Tue., July 18, 8 p.m. Sapphire Palace, Blue Lake Casino, 777 Casino Way. Pioneers of the "trancefusion" genre, The Disco Biscuits bridge the gap between electronic music and jam bands. Doors at 7 p.m. \$45, \$35 advance. [www.bluelakecasino.com](http://www.bluelakecasino.com).

**Turntable Tuesdays Arcata.** Every other Tuesday. Redwood Curtain Brewery & Tasting Room, 550 South G St., #4, Arcata. Join vinyl lovers to share your treasures and play them in house. Free. [redwoodcurtainbrewing.com](http://redwoodcurtainbrewing.com). (707) 826-7222.

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## GET YOUR TICKETS FOR THE 102<sup>ND</sup> FORTUNA RODEO WEEK!



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**Fortuna Rodeo**  
Sunday • Jul 16, 2023 • 1:30pm  
Fortuna Rodeo Grounds

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## Calendar

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**Turntable Tuesdays.** Every other Tuesday, 11 a.m.-10 p.m. Redwood Curtain Brewing Co. Myrtle Ave. Tasting Room, 1595 B Myrtle Ave., Eureka. Join other vinyl lovers to share your treasures and play them in house. Free.

### **Washington Square Wednesdays.**

Wednesdays, 6-9 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Bring your own board and play chess. Snacks, drinks, friendly atmosphere for all-ages. ID to drink. Free, donations accepted. [savagehenrycomedy.com](http://savagehenrycomedy.com). (707) 845-8864.

**Wicked Wednesday Comedy.** Wednesdays, 8 p.m. The Siren's Song Tavern, 325 Second St., Eureka. Peter Nelson hosts a stand-up open mic with different comedians. Free. [sirens-songtavern.com](http://sirens-songtavern.com).

### **Word Humboldt Spoken Word Open Mic.**

Tuesdays, 6-9 p.m. Northtown Coffee, 1603 G St., Arcata. Sign up list goes up at 6 p.m., and the open mic kicks off at 6:30 p.m. Two rounds of open mic poetry and a featured poet. Everyone is welcome, especially new performers. LGBTQ+ friendly. Free. [instagram.com/wordhum](http://instagram.com/wordhum).

## LIFESTYLE & COMMUNITY

**A Very Victorian Tea 2023.** Sun., July 23, 2-5 p.m. Zalone House, 1604 G Street, Eureka. Catered by Brett Shuler Fine Catering featuring classic tea sandwiches, scones, berries, cakes, mimosas and teas. Live harp music by Lonni Magellan, live painting by Toni Magyar, silent and live auctions, door prizes, and a fancy hat competition. Purchase tickets online. Varies. [dana.f@clarkmuseum.org](mailto:dana.f@clarkmuseum.org). [www.clarkmuseum.org/a-very-victorian-tea-2023.html](http://www.clarkmuseum.org/a-very-victorian-tea-2023.html). 707-443-1947.

**Arcata Plaza Farmers Market.** Saturdays, 9 a.m.-2 p.m. Arcata Plaza, 9th and G streets. Fresh produce, meat, fish, cheese, eggs, bread, flowers and more. Music and hot food vendors. No pets, but trained, ADA-certified, service animals are welcome. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [northcoastgrowersassociation.org/arcatapla.html](http://northcoastgrowersassociation.org/arcatapla.html). (707) 441-9999.

**Art and Nature at the Refuge.** Third Sunday of every month, 1-4 p.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Art and nature exploration activities for all ages and abilities. Drop-in anytime between 1 and 4 p.m. Rain or shine. Themes change each month. Free. [denise.seeger@fws.gov](mailto:denise.seeger@fws.gov). [fws.gov/refuge/humboldt-bay](http://fws.gov/refuge/humboldt-bay). (707) 733-5406.

**Bikes, Birds and Brews.** Thu., July 27, 6-7:30 p.m. Blue Lake, Off State Route 299, Exit 5. Join trip leader Janelle Chojnacki for an evening birding bike ride along the Mad River. Meet on the curb outside Mad River Brewery, then bike at a leisurely pace to the Mad River hatchery, bike down the levee if there's time, and then end the trip at the Mad River Brewery for a cool beverage. Free. [www.rras.org](http://www.rras.org).

**Blue Lake Farmers Market.** Sundays, Noon-4 p.m. Blue Lake Farmers' Market, H and first streets. Summer Sundays bring farmers, local artisans, music, food and libations to the heart of Downtown Blue Lake. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [www.northcoastgrowersassociation.org/bluelake-sundaymarket.html](http://www.northcoastgrowersassociation.org/bluelake-sundaymarket.html). 707-441-9999.

**Bullfighters Only.** Fri., July 14, 5:30-11 p.m. Fortuna Rodeo Grounds, at Rohner Park. Bullfighters Only (BFO) is Freestyle Bullfighting's, Premier Professional League. Featuring an international roster of elite athletes competing against the meanest fighting bulls for the largest purses in history. VIP Tickets gain access to ring-side seating and a private bar. [northcoasttickets.com/events/bullfighters-only-7-14-2023](http://northcoasttickets.com/events/bullfighters-only-7-14-2023).

**Bulls, Broncs and Brews.** Sat., July 15, 6-11 p.m. Fortuna Rodeo Grounds, at Rohner Park. Saturday's big event gives everyone a little taste of rodeo in a big way, promising live music and action-packed fun. Gates to the Rodeo Grounds open at 6 p.m. [northcoasttickets.com/events/bulls-broncs-and-brews-7-15-2023](http://northcoasttickets.com/events/bulls-broncs-and-brews-7-15-2023).

**Community Stewardship Day.** Fourth Sunday of every month, 10 a.m.-1 p.m. Seawood Cape Preserve, 2265 Patricks Point Drive, Trinidad. Remove invasive plant species at Seawood Cape Preserve. Wear long sleeves, pants, hats and sturdy shoes, and bring water. Register online. Free. [seawood-capepreserve@wildlandsconservancy.org](mailto:seawood-capepreserve@wildlandsconservancy.org). Seawood-Cape-Preserve-Community-Stewardship-Days.eventbrite.com. (707) 633-9132.

**Deep Pit Barbeque.** Sun., July 16, 11 a.m.-1 p.m. Fortuna Rodeo Grounds, at Rohner Park. Feast your eyes and stomachs on the long night's work! \$20 a plate and no one leaves hungry. [northcoasttickets.com/events/deep-pit-barbeque-7-16-2023](http://northcoasttickets.com/events/deep-pit-barbeque-7-16-2023).

**EPIC's 2023 Summer Celebration.** Sat., July 15, 6-9 p.m. Arcata Veterans Hall, 1425 J St. Dinner catered by Humbrews, live music by the Superfines, a silent auction support-

ing EPIC, and a ceremony honoring lifelong Salmon and Klamath River watershed advocate Petey Brucker with the 2023 Sempervirens Lifetime Achievement Award for Environmental Activism. \$40, \$10 youth. [abigail@wildcalifornia.org](mailto:abigail@wildcalifornia.org). [www.facebook.com/events/749210810270249?ref=newsfeed](http://www.facebook.com/events/749210810270249?ref=newsfeed). 707-822-7711.

**Family Movie Day at HBSC.** Sundays, 2-4 p.m. Humboldt Bay Social Club, 900 New Navy Base Road, Samoa. Bring the family out and get cozy and enjoy favorites rated G-PG. Drinks and snacks available at the Lobby Bar. Movie titles are on listed online. Free. [humboldtaysocialclub.com/our-events](http://humboldtaysocialclub.com/our-events). (707) 502-8544.

**Family Movie Night.** Wednesdays, 5-7 p.m. Scotia Lodge, 100 Main St. Bring the family and enjoy classics in the lounge area. Food and drinks available at Main & Mill. Movies are G-PG and the titles are listed online under events. Free. [scotia-lodge.com/hosted-events](http://scotia-lodge.com/hosted-events). (707) 298-7139.

**Farm Stand.** Saturdays, 10 a.m.-2 p.m. Table Bluff Farm, 101 Clough Road, Loleta. Regeneratively-grown seasonal veggies, flowers, meats and other items made by Humboldt County locals and small businesses. Cash, card, Venmo, Apple Pay and soon to accept EBT payments. [info@tableblufffarm.com](mailto:info@tableblufffarm.com). [TableBluffFarm.com](http://TableBluffFarm.com). (707) 890-6699.

### **Ferndale Veterans Community Breakfast.**

Fourth Sunday of every month, 8-11:30 a.m. Ferndale Veterans Memorial Building, 1100 Main St. Menu includes pancakes, biscuits and gravy, ham, sausage, eggs to order, coffee, juice and mimosas. \$10, \$5 children.

**FOAM Marsh Tour.** Sat., July 15, 2 p.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Meet leader Paul Johnson in the lobby of the Interpretive Center on South G Street for a 90-minute, rain-or-shine walk focusing on Marsh ecology. Free. (707) 826-2359.

**FOAM Marsh Tour.** Sat., July 22, 2 p.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Meet co-leaders Lynn Jones and Paul Wilson at 2 p.m. in the lobby of the Interpretive Center on South G Street for a 90-minute, rain-or-shine walk focusing on Marsh plants, history and/or ecology. Free. (707) 826-2359.

**Forest Restoration at Rohner Park.** Third Saturday of every month, 9-11 a.m. Fortuna Firemen's Pavilion, 9 Park St. Remove invasive English ivy and French broom. Tools and gloves available but you are encouraged to bring your own. High winds or heavy



rain cancels. Light snack provided. Free. unde1942@gmail.com. (707) 601-6753.

**Fortuna Farmers Market.** Tuesdays, 3-6 p.m. 10th and Main streets, 10th and Main streets, Fortuna. Fresh produce, meat, fish, cheese, eggs, bread, flowers and more. Music and hot food vendors. No pets, but trained, ADA-certified, service animals are welcome. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/fortuna.html. (707) 441-9999.

**Fortuna Redwood AutoXpo.** July 21-23. City of Fortuna, Various city locations. Huge car show, show and shine, burn out, artisans faire, tractor pull, movie night and more. redwoodautoXpo.com.

**Fortuna Rodeo.** Fortuna Rodeo Grounds, at Rohner Park. A full week of rodeo action. Bull and bronc riding, barbecue, carnival, motorsports, parade, bands, brews and more. Full schedule online. fortunarodeo.com.

**Free Produce Market.** Thu., July 27, 11 a.m.-1 p.m. Bayshore Mall, 3300 Broadway, Eureka. Food for People hosts this seasonal free produce market to ensure that everyone can have access to nutritious, seasonal produce and some pantry staples needed for good health. The Bayshore Mall location is a drive-thru distribution. Free.

**Free Summer Food Program.** Mondays-Thursdays. Jefferson Community Center, 1000 B St., Eureka. Free fresh lunches for kids and teens 18 and under prepared by chef Chelsea. No income requirements or registration. Closed July 24-28. Served on site in the J Cafe. Free. facebook.com/jeffersonproject.

**Friday Night Market.** Fridays, 5:30-8:30 p.m. Old Town, Eureka, 317 Third St. A bustling farmers market, arts and craft vendors, bar featuring the Humboldt produced beverages, a variety of food vendors and live music for dancing on three stages. Free. humboldt-made.com/eureka-friday-night-market.

**Garberville Farmers Market.** Fridays, 11 a.m.-3 p.m. Garberville Town Square, Church Street. Fresh produce, meat, fish, cheese, eggs, bread, flowers and more. Music and hot food vendors. No pets, but trained, ADA-certified, service animals are welcome. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/garberville.html. (707) 441-9999.

**Henderson Center Farmers Market.** Thursdays, 10 a.m.-1 p.m. Henderson Center,

Henderson near F Street, Eureka. Fresh fruits and vegetables, baked goods, jam, plants and more. Music and hot food vendors. No pets are allowed, but trained, ADA-certified, service animals are welcome. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/hendersoncenter.html. (707) 441-9999.

**Humboldt Crabs Baseball.** Fridays, 7-10 p.m. Arcata Ball Park, Ninth and F streets. Independent, collegiate, wood-bat baseball games on most Tuesdays (7 p.m.),

Wednesdays (7 p.m.), Fridays (7 p.m.) and Saturday nights (6:30 p.m.). Sunday games at 12:30 p.m. Tickets available at Wildberries Marketplace or online. No tickets at the gates. Gates open one hour prior to start time. Outside food, empty water containers, blankets, folding chairs and credit cards are accepted. \$10. humboldtcrabs@gmail.com. humboldtcrabs.com/schedule/. (707) 840-5665.

**Humboldt Folklife Festival.** July 26-29.

CONTINUED ON NEXT PAGE →

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## Calendar

← CONTINUED FROM PREVIOUS PAGE

Dell'Arte, 131 H St., Blue Lake. Multi-day music festival featuring bluegrass, folk, country, singer/songwriters and more. [humboldtfolklife.com](http://humboldtfolklife.com).

**Humboldt Grange Breakfast.** Fourth Saturday of every month, 8-11 a.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Eggs, sausage (link or patties), pancakes, biscuits and gravy, coffee, tea, cocoa, juice, family, friends and community. Dine in or take out. \$10, free for kids under 5. [facebook.com/humboldt.grange](https://facebook.com/humboldt.grange).

**Humboldt Health Care for All.** Fourth Wednesday of every month, 5-6:30 p.m. The Sanctuary, 1301 J St., Arcata. The Humboldt chapters of Health Care for All and Physicians for a National Health Program return with in-person/Zoom meetings. Learn about how to bring universal, affordable, single-payer health care to California and the nation. [healthcareforallhumboldt@gmail.com](mailto:healthcareforallhumboldt@gmail.com). [sanctuaryarcata.org](http://sanctuaryarcata.org).

**Humboldt Stamp Collectors' Club.** Fourth Tuesday of every month, 6-8 p.m. Humboldt Senior Resource Center, 1910 California St.,

Eureka. New collectors and experts welcome. Learn about stamps, collecting and see local experts in stamps share their collections. Free. [humstampclub@gmail.com](mailto:humstampclub@gmail.com).

**Kid's Night at the Museum.** Fridays, 5:30-8 p.m. Redwood Discovery Museum, 612 G St., Eureka. Drop off your 3.5-12 year old for interactive exhibits, science experiments, crafts and games, exploring the planetarium, playing in the water table or jumping into the soft blocks. \$17-\$20. [info@discovery-museum.org](mailto:info@discovery-museum.org). [discovery-museum.org/classesprograms.html](http://discovery-museum.org/classesprograms.html). (707) 443-9694.

**Language Exchange Meetup.** Second Friday of every month, 5-7 p.m. Familia Coffee, 1350 Ninth St., Arcata. Speak your native language. Teach someone a language. Learn a language. [familiacoffees.com/](http://familiacoffees.com/). (925) 214-8099.

**Lost Coast Kennel Club Agility Trails.** July 20-23. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. Lost Coast Kennel Club offers four days of AKC-sanctioned agility trials, plus FCATs and a Barn Hunt. Hosted at the Humboldt County Fairgrounds. Trials are held daily from 7:30 a.m. to 5:00 p.m. or until all dogs have been judged. For more informa-

tion, visit [LostCoastKC.org](http://LostCoastKC.org).

### McKinleyville Farmers Market.

Thursdays, 3-6 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. Fresh fruits and vegetables, hot cocoa and more. Music and hot food vendors. No pets are allowed, but trained, ADA certified, service animals are welcome. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [northcoastgrowersassociation.org/mckinleyville.html](http://northcoastgrowersassociation.org/mckinleyville.html). (707) 441-9999.

### Merriment Monday: Shuffleboard

**Tournament!.** Mon., July 17, 6-9 p.m. Redwood Curtain Brewery & Tasting Room, 550 South G St., #4, Arcata. Join us for a casual shuffleboard tournament with prizes for the winners! Free. [redwoodcurtainbrewing.com](http://redwoodcurtainbrewing.com). 707-826-7222.

**Miranda Farmers Market.** Mondays, 2-6 p.m. Miranda Market, 6685 Avenue of the Giants. Fresh fruits and vegetables, plant starts, flowers and more. No pets are allowed, but trained, ADA certified, service animals are welcome. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [northcoastgrowersassociation.org/miranda.html](http://northcoastgrowersassociation.org/miranda.html). (707) 441-9999.

### NRLT Trail Work with Humboldt Trails

**Council.** Sun., July 16, 9 a.m.-noon. Freshwater Farms Reserve, 5851 Myrtle Ave., Eureka. Learn how to maintain a hiking trail and how to manage invasive plants with the Northcoast Regional Land Trust.

**Old Town Eureka Tours.** Saturdays, 12-1:30 p.m. Clarke Historical Museum, Third and E streets, Eureka. A behind-the-scenes look at local history hosted by the Eureka Community Services Department. No registration required. [clarkemuseum.org](http://clarkemuseum.org). (707) 441-4080.

**Old Town Farmers Market.** Tuesdays, 10 a.m.-1 p.m. Old Town Gazebo, Second and F streets, Eureka. Fresh fruits and vegetables, baked goods, jam, crafts and more. Live music. Trained, ADA-certified service animals only. CalFresh EBT customers are able to receive a market match at every farmers market. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [northcoastgrowersassociation.org/oldtown.html](http://northcoastgrowersassociation.org/oldtown.html). (707) 441-9999.

**Out 4 Business.** Last Wednesday of every month, 5-7 p.m. Phatsy Kline's Parlor Lounge, 139 Second St., Eureka. An LGBTQ+ professionals networking mixer for LGBTQ+ community, friends, allies and business professionals who value diversity and inclusivity. Food and drinks. [trex@historiceaglehouse.com](mailto:trex@historiceaglehouse.com). [fb.me/e/2i5gvvdKT](https://fb.me/e/2i5gvvdKT). (707) 407-0634.



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**Pancake Breakfast.** Third Sunday of every month, 8-11 a.m. Mattole Grange, 36512 Mattole Road, Petrolia. All the scratch-made pancakes you can eat, organic eggs cooked to order, bacon or local sausage, coffee or milk, organic orange juice. \$10, \$5 for ages 7-12, free for ages 6 and under. [evenson@igc.org](mailto:evenson@igc.org). (707) 629-3421.

**Sea Goat Farmstand.** Saturdays, 9 a.m.-1 p.m. Abbey of the Redwoods, 1450 Hiller Road, McKinleyville. Fresh veggies grown on site, local eggs and sourdough bread. Work from local artists and artisans. [flowerstone333@gmail.com](mailto:flowerstone333@gmail.com). (530) 205-5882.

**Shelter Cove Farmers Market.** Tuesdays, 11 a.m.-3 p.m. Mario's Marina Bar, 533 Machi Road, Shelter Cove. Fresh fruits and vegetables, meat, flowers and more. No pets are allowed, but trained, ADA certified, service animals are welcome. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [northcoastgrowersassociation.org/sheltercove.html](http://northcoastgrowersassociation.org/sheltercove.html). (707) 441-9999.

**Skate Night.** Fri., July 14, 6:30-9 p.m. Eureka Municipal Auditorium, 1120 F St. First-come, first-serve. No pre-registration needed. Maximum of 75 skaters. \$6 adult, \$5 for ages 17 and under. (707) 441-4248.

**Tacos and Art Night at the Sanctuary.** Tuesdays, 6-9 p.m. The Sanctuary, 1301 J St., Arcata. Potluck tacos from 6 to 7:30 p.m. We'll make fresh tortillas, you bring a taco topping (or donation), share a meal and everybody cleans up. Art from 7 p.m. Bring a project or join one, supplies provided. \$5-\$10. [together@sanctuaryarcata.org](mailto:together@sanctuaryarcata.org). [sanctuaryarcata.org](http://sanctuaryarcata.org).

**Trinidad Artisans Market.** Sundays, 11 a.m.-3 p.m. Trinidad, Downtown. Art, crafts, live music and barbecue. Next to Murphy's Market.

**Trivia Night.** Third Monday of every month,

6-9 p.m. Redwood Curtain Brewing Co. Myrtle Ave. Tasting Room, 1595 B Myrtle Ave., Eureka. Trivia Night! Come join us and test your knowledge while enjoying good friends and great brews. Free.

**Wigi Wetlands Volunteer Restoration.** Fourth Saturday of every month, 9-11 a.m. Bayshore Mall, 3300 Broadway, Eureka. Help create bird-friendly native habitats and restore a section of the bay trail by removing invasive plants and trash. Meet in the parking lot directly behind Walmart. Tools, gloves and packaged snacks provided. Please bring your own drinking water. Free. [jeremy.cashen@yahoo.com](mailto:jeremy.cashen@yahoo.com). [rras.org](http://rras.org). (214) 605-7368.

**Willow Creek Farmers Market.** Thursdays, 4-7 p.m. Veteran's Park, 100 Kimtu Road, Willow Creek. Fresh fruits and vegetables, fish, artisans and more. Music and hot food vendors. No pets are allowed, but trained, ADA certified, service animals are welcome. Free. [info@northcoastgrowersassociation.org](mailto:info@northcoastgrowersassociation.org). [northcoastgrowersassociation.org/willowcreek.html](http://northcoastgrowersassociation.org/willowcreek.html). (707) 441-9999.

**Wine Immersion.** Sat., July 22, 10 a.m.-5 p.m. Fieldbrook Winery, 4241 Fieldbrook Road. Learn how wine is made, vineyards thrive, bottles get to market and how to articulate flavors and aromas. Price includes lunch, tastings and snacks. \$185. [extended@humboldt.edu](mailto:extended@humboldt.edu). [extended-education/program/wine-studies-program/course/wine-immersion](http://extended-education/program/wine-studies-program/course/wine-immersion). (707) 826-3731.

## NIGHTLIFE

**Bingo Night.** Fourth Tuesday of every month, 6-9 p.m. Redwood Curtain Brewing Co. Myrtle Ave. Tasting Room, 1595 B Myrtle Ave., Eureka. Beer-ingo! Free. (707) 269-7143.

**Karaoke At Scotia Lodge.** Second Friday of every month, 7-10 p.m. Scotia Lodge, 100 Main St. Karaoke in the Wonderbar. Drinks

and food specials. Come cut loose in this historic gem. Ages 21 and up. Free. [scotia-lodge.com/hosted-events](http://scotia-lodge.com/hosted-events). (707) 298-7139.

**Karaoke w/Dustin.** Mondays, 9 p.m.-1 a.m. The Jam, 915 H St., Arcata. Karaoke night. Free. [thejamarcata.com](http://thejamarcata.com). (707) 822-5266.

**Karaoke.** Tuesdays, 8 p.m. Firewater Lounge, Cher-Ae Heights Casino, 27 Scenic Drive, Trinidad. Pick a song and sing.

**Reel Genius Trivia at Old Growth.** Third Friday of every month, 6-8 p.m. Old Growth Cellars, 1945 Hilfiker Lane, Eureka. General trivia, fun for everyone. Prizes for winners. Max seven people per team. Food truck on site. Free. [partners@reelgeniustrivia.com](mailto:partners@reelgeniustrivia.com). [oldgrowthcellars.com](http://oldgrowthcellars.com). (707) 601-1606.

**Reel Genius Trivia Wednesdays.** Wednesdays, 6-8 p.m. The Madrone Taphouse, 421 Third St., Eureka. General trivia; fun for everyone. Free to play, win prizes. Max seven players per team. [partners@reelgeniustrivia.com](mailto:partners@reelgeniustrivia.com). [fb.me/e/2ewBnU7oH](https://fb.me/e/2ewBnU7oH). (707) 601-1606.

**Throw 'Em Back Thursdays.** Third Thursday of every month, 9 p.m. Wave Lounge, Blue Lake Casino, 777 Casino Way. DJ Statik spinning throwback, hip hop and R&B. Free. [bluelakecasino.com/entertainment/wave](http://bluelakecasino.com/entertainment/wave).

## Thursday-Friday-Saturday Canteen.

Saturdays, 3-9 p.m. Redwood Empire VFW Post 1872, 1018 H St., Eureka. See the newly remodeled Memorial Building and enjoy a cold beverage in the canteen with comrades. Play pool or darts. If you're a veteran, this place is for you. Free. [PearceHansen999@outlook.com](mailto:PearceHansen999@outlook.com). (707) 443-5331.

## Trivia Night at the Historic Scotia Lodge.

Third Thursday of every month, 6-8 p.m. Scotia Lodge, 100 Main St. Hosted by Reel Genius Trivia. All ages, prizes for winners. Free. [scotia-lodge.com/hosted-events](http://scotia-lodge.com/hosted-events). (707)

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## Calendar

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298-7139.

**Trivia Night.** Third Tuesday of every month, 6-9 p.m. Redwood Curtain Brewing Co. Myrtle Ave. Tasting Room, 1595 B Myrtle Ave., Eureka. Test your knowledge while enjoying craft beer. The winning team wins a Redwood Curtain gift card. (707) 269-7143.

## Trinity County

### LIFESTYLE & COMMUNITY

#### Weaverville Certified Farmers Market.

Wednesdays, 4-7 p.m. The Highland Art Center, 691 Main Street, Weaverville. Fresh, locally grown foods, honey, baked goods, artisanal crafts and herbal medicine. [highlandartcenter.org](http://highlandartcenter.org).

### NIGHTLIFE

**Open Mic Night.** Thursdays, 4-7 p.m. Trinity County Brewing Co., 301 Main St. (State Route 299), Weaverville. Food, music, beer and friends.

## Mendocino County

### LIFESTYLE & COMMUNITY

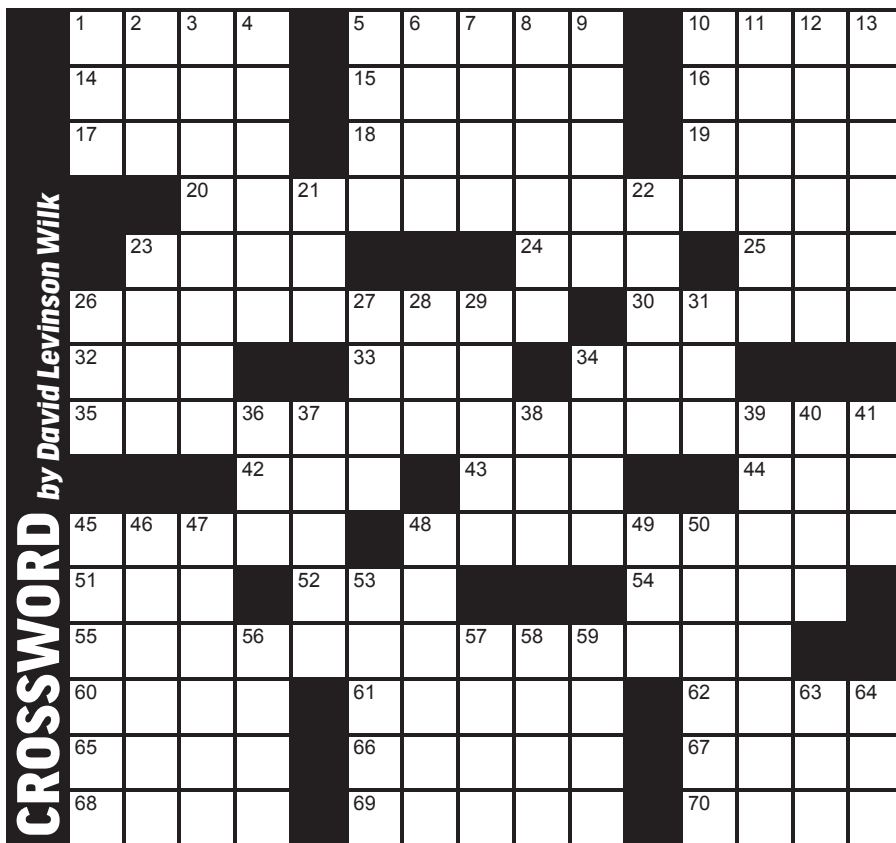
**Fort Bragg Farmers Market.** Wednesdays, 2-4:30 p.m. Fort Bragg Farmers Market, N Franklin St. & E Laurel St. Seasonal fruits, vegetables, organic and free range beef and pork and eggs, wild-caught local fish and seafood, artisan goat cheese, sweets, breads, flowers and plants. Plus, hot food, live music.

#### Historic Walking Tours of Mendocino.

Saturdays, Sundays. Guest House Museum, 343 N Main St., Fort Bragg. Join local history experts on a two-hour walk through Mendocino's famous Historic District. Book via email. Well-behaved dogs allowed but must remain outside at some stops. \$50 for up to four people, \$75 for party of six. [tours@KelleyHouseMuseum.org](mailto:tours@KelleyHouseMuseum.org).

**Thursday Garden Tours.** Thursdays, 1-3 p.m. Mendocino Coast Botanical Gardens, 18220 North Highway 1, Fort Bragg. These weekly one-hour introductory tours of the Mendocino Coast Botanical Gardens focus on the gardens' many plant collections. Free with regular gardens admission, free for members. [gardenbythesea.org](http://gardenbythesea.org).

**Ukiah Farmers Market.** Saturdays, 9 a.m.-noon. Alex Thomas Plaza, School and Clay streets, Ukiah.



## YOU GET THE IDEA — Answers in the next edition

### ACROSS

1. Operates, as a booth
5. The part of "The Wizard of Oz" that's in color
10. "30 Rock" actress Krakowski
14. Plant genus that was a reponse in a 2015 "Jeopardy!" category titled "4-Letter Words with 3 Vowels"
15. GPA booster
16. The same to you?
17. Like some fails, in modern slang
18. Soda bottle measure
19. First name in '50s TV
20. Reject
23. "What \_\_\_ ever do you to?"
24. Tree that's a homophone of the last word in the clue for 23-Across
25. \_\_\_ kwon do
26. #1 Katy Perry hit with the lyric "Not losing any sleep"
30. French words describing how roast beef is often served
32. Rooster's mate
33. Speedometer meas.
34. Belittle
35. One stirring up trouble for management
42. Places for life-and-death decisions, for short
43. Actor Jeong of "The Hangover"
44. Eur. conflict that ended at 11:00 on 11/11
45. Cry of self-pride
48. 2014 Ice Cube/Kevin Hart comedy
51. Prize at las Olimpiadas
52. Never, in Berlin
54. Webster's entries: Abbr.
55. "Hey, a cool thing occurs in the middle sections of 20; 26; 35- and 48-Across ... oh, I don't need to explain ..."
60. Marriott alternative
61. Asparagus, mostly
62. "Don't have \_\_, man!"
65. New York and the New Yorker, briefly
66. Social customs
67. "I, Claudius" role
68. Helper: Abbr.
69. Janvier, across the Pyrenees
70. State bordering Manit. and Mont.

### DOWN

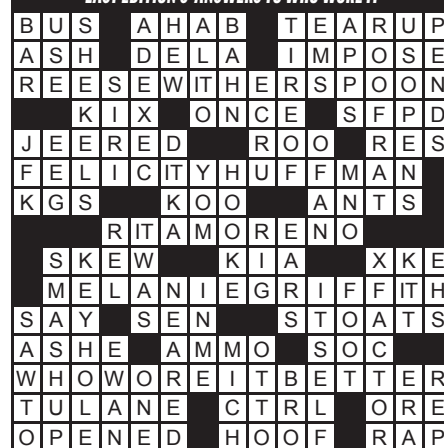
1. West who quipped "I used to be Snow White, but I drifted"
2. Mont Blanc, e.g.
3. Words from someone claiming their innocence
4. Withdraw
5. Store where you might take a number
6. Police action
7. Right on el mapa
8. "Yes, captain!"
9. One of the Simpsons
10. Darth Vader, at one time
11. Will Smith's "Men in Black" role
12. Bahamas capital
13. Upper crust groups
21. The sculpture "Kryptos" sits outside its hdqrs.
22. Look for

23. L'homme upstairs?
26. "\_\_\_ knows?"
27. Iraq War no-shows
28. One way to go
29. Cloth whose name comes from the Urdu word for "dusty"
31. \_\_\_ Today
34. Eat by candlelight
36. Part of a sch. year
37. "Goodnight" girl of song
38. H.S. proficiency test
39. Duplicitous
40. Takes responsibility for
41. Fix, as an election
45. He won his first Grammy in 1985 for "Bach: The

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- Unaccompanied Cello Suites"
46. They might make your mouth water
47. Brigham and Cy
48. First woman to appear on the front of a Wheaties box
49. Tally (up)
50. Singer Womack
53. Answer at the door
56. Basic point
57. "Take it!"
58. Part of FEMA: Abbr.
59. "That \_\_\_ last year!"
63. "... \_\_\_ lack thereof"
64. It has a round bottom

### LAST EDITION'S ANSWERS TO WHO WORE IT





## HOME COUNTRY

By Slim Randles



**DOC SMILED AND** felt really good inside when he heard the familiar bird song.

"Hey there, Wheezer," he said, "happy nesting!"

For some reason, this mourning dove with the speech impediment comes around to Doc's back yard every spring, and Doc thinks that's just all right. If ol' Wheez didn't have that distinctive voice, Doc would never know if this bird favored his yard or was just another bird looking for a home. Let's face it, Wheezer looks just like every other dove in town.

But he was back and flirting with a good-looking lady dove up on the branches of the locust tree. Doc always

wondered whether doves mate for life, and this was the same Mrs. Wheez he sees every year, or if Wheezer had to court a new lassie each spring.

"I'll have to look it up," Doc said, knowing that he wouldn't.

But he did go over to the concrete block wall and clean out the crud from the hollow in the top block by the gate. Doc had put dirt in it years ago, and each spring, the Wheezer family hauled in twigs and grass and made a place to raise their family.

And each spring, as Mrs. W. sat on her eggs, it would take Doc a few days before she would tolerate him coming and going through the gate. This was the

dove family he was close to. They let him get right up to maybe a foot from the ugly little baby birds each spring, and he was careful never to move quickly or make a noise. That was his contribution, you see, to the putting together of the "Doves in the Concrete Block" family.

Wonder how long doves live? Doc thought. Wonder how long old Wheezer will last? I'll have to look it up.

No he won't. ♦

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